

# Report.It.To.Stop.It

## If you've experienced or witnessed a hate crime or hate incident, access specialist support

Below, you'll find a list of organisations offering practical and emotional support for in the local area. It's important to let the right people know so they can help you keep safe and help prevent it from happening again. They can also help you if you wish to report the incident to the police.

- **CATCH (Community Alliance to Combat Hate)** – get the maximum amount of help with the minimum amount of hassle. The charity is open to anyone who experiences hate in London.
- **CST (The Community Security Trust)** – a charity that protects British Jews from antisemitism and related threats. CST provides a facility for reporting and accessing support.
- **Dimensions** – a charity that supports people with learning difficulties, autism and challenging behaviour and complex needs.
- **Ditch the label** – an international anti-bullying charity, providing digital online support and operating the largest bullying support community in the world with thousands of free guides and resources.
- **Galop** – a national charity providing advice and support to members of the LGBT community.
- **Inclusion London** – an organisation which promotes equality for London's Deaf and Disabled people and includes an alliance of over 70 Deaf and Disabled organisations.
- **Stop Hate UK** – a national organisation working to challenge all forms of hate crime and discrimination, based on any aspect of an individual's identity. They provide independent, confidential and accessible support for all victims, witnesses and third parties.
- **Tell MAMA** – a national organisation which supports victims of anti-Muslim hate and provides a public service which measures and monitors anti-Muslim incidents.
- **The Traveller Movement** – an organisation which promotes the inclusion of Gypsy, Roma and *Traveller* communities.
- **Truevision** – online information about hate crime and hate incidents and advice on how to report it.
- **Victim Support** – a national charity dedicated to helping anyone affected by crime, not just victims and witnesses, but friends, family and anyone else caught up in the aftermath.