

FdA Football Development & Coaching

Programme specification

1. Programme title	FdA Football Development & Coaching
2. Awarding institution	Middlesex University
3a. Teaching institution	Middlesex University, Watford FC Community Sports and Education Trust
3b. Language of study	English
4a. Valid intake dates	Sept
4b. Mode of study	FT/PT
4c. Delivery method	<input checked="" type="checkbox"/> On-campus/Blended <input type="checkbox"/> Distance Education
5. Professional/Statutory/Regulatory body	N/A
6. Apprenticeship Standard	N/A
7. Final qualification(s) available	FdA Football Development & Coaching Cert HE Football Development & Coaching
8. Academic year effective from	2024/25

9. Criteria for admission to the programme
<p>Candidates must be able to satisfy the general admissions requirements of Middlesex University and Watford FC CSE Trust in one or more of the following ways with the normal minimum age of 18 years old.</p> <p><u>Tariff points:</u> 64 plus English GCSE or equivalent (functional skills, access courses). In addition, for Overseas students: a qualification demonstrating competence in English (e.g. TOEFL 550, IELTS 6.0) if English is not the first language.</p> <p>Mature students without traditional requirements may also be accepted following accreditation of prior experiential learning providing they can show appropriate levels of relevant ability and experience; they would need to make a claim for recognition of prior learning (RPL).</p> <p>We will Recognise Prior Learning in line with Middlesex University admission regulations which can be found on the main website. More info on RPL can be found on the "Study With Us" page of the MDX website. This page shows how much credit can be awarded towards a degree programme and how to make a claim for RPL.</p> <p>Every applicant will be subject to an interview. Once applicants complete a successful interview process and confirm their place onto the programme they will be invited to complete an enhanced DBS check.</p>

10. Aims of the programme

The programme aims to:

- 1) Develop student's knowledge and understanding of community football development and coaching
- 2) Enhance comprehension of research methods, data analysis and presentation relevant to the sector.
- 3) Provide students with competence in delivering safe, effective and inclusive football coaching skills.
- 4) Develop reflective practice of both self and others to support ongoing personal and professional development.
- 5) Promote how scientific tests and tools can be used to enhance health and wellbeing and football performance.
- 6) Enhance professional skills including digital literacy, co-leadership and employability.

11. Programme outcomes*

A. Knowledge and understanding

On completion of this programme the successful student will have knowledge and understanding of:

- A1. Football coaching theories and concepts within practical settings and the workplace.
- A2. Governing bodies and other professional organisations involved in the football development and coaching sector.
- A3. Scientific principles, theories and practices that impact upon the performance of football development and talent.
- A4. Equality, diversity and inclusion within the sector.
- A5. A broad range of research methods including data collection, appraisal, analysis and presentation.
- A6. Local and national policy, laws and regulations relevant to football development and coaching.
- A7. How football can be used as an engagement tool for underrepresented communities.

Teaching/learning methods

Students gain knowledge and understanding through attending participatory seminars, small group discussions, directed learning, laboratory and practical sessions and on placement. An understanding of the subject is both summatively and formatively assessed.

Assessment methods

Students' knowledge and understanding is assessed by presentations, written assignments, laboratory reports, case studies, practical assessments, workbooks and Learning portfolios.

B. Skills

On completion of this programme the successful student will be able to:

- B1. Identify, select and use analytic and evaluative skills that address issues influencing football development and coaching.
- B2. Prioritise a range of options and select appropriate communication formats to convey solutions.

- B3. Apply Football Development & Coaching knowledge in unfamiliar contexts, synthesising ideas or novel solutions.
- B4. Critically evaluate the results of an academic investigation and be able to extract data using a range of techniques appropriate to football development & coaching.
- B5. Demonstrate confidence and flexibility in identifying and defining complex problems, whilst being motivated to overcome challenges within the football development and coaching sector.
- B6. Select and apply appropriate lab or field tests to demonstrate a level of independence and leadership.
- B7. Review and competently conduct risk assessment and appropriate emergency care in accordance with current legislation and guidance, with an ability to demonstrate compassion and empathy.
- B8. Seek and apply new techniques and processes to own performance and identify how these might be evaluated.

Teaching/learning methods

Students learn skills through discussions, formative assessment, peer review of seminar presentations, debates and directed reading

Assessment methods

Students' skills are assessed by written work, peer-assessment, self-assessment, presentations, practicals, workbooks, portfolios and case studies.

12. Programme structure (levels, modules, credits and progression requirements)

12.1 Structure of the programme

Full-Time Structure: FdA Football Development & Coaching

Year 1

- Semester 1 (Sept–Dec): Academic Skills (SES1521, 30 credits), Fundamentals of Football Coaching (SES1943, 30 credits)
- Semester 2 (Jan–Apr): Sport Science Fundamentals (SES1523, 30 credits), Fundamentals of Football Development (SES1944, 30 credits)

Year 2

- Semester 1 (Sept–Dec): Sport Analytics & Psychology (SES2512, 30 credits), Applied Football Development (SES2954, 30 credits)
- Semester 2 (Jan–Apr): Research Methods (SES2514, 30 credits), Applied Football Coaching & Work-Based Learning (SES2953, 30 credits)

Part-Time Structure: FdA Football Development & Coaching

Year 1

- Semester 1 (Sept–Dec): Academic Skills (SES1521, 30 credits)
- Semester 2 (Jan–Apr): Sport Science Fundamentals (SES1523, 30 credits)

Year 2

- Semester 1 (Sept–Dec): Fundamentals of Football Coaching (SES1943, 30 credits)
- Semester 2 (Jan–Apr): Fundamentals of Football Development (SES1944, 30 credits)

Year 3

- Semester 1 (Sept–Dec): Sport Analytics & Psychology (SES2512, 30 credits)
- Semester 2 (Jan–Apr): Research Methods (SES2514, 30 credits)

Year 4

- Semester 1 (Sept–Dec): Applied Football Development (SES2954, 30 credits)
- Semester 2 (Jan–Apr): Applied Football Coaching & Work-Based Learning (SES2953, 30 credits)

12.2 Levels and modules**Level 4****Compulsory**

Students must take all of the following:

- SES1521 – Academic Skills
- SES1523 – Sport Science Fundamentals
- SES1943 – Fundamentals of Football Coaching
- SES1944 - Fundamentals of Football Development

Optional

n/a

Progression requirements

Students must pass at least 90 credits at level 4 to progress to level 5. To achieve Honours, failed credit will need to be replaced.

Level 5**Compulsory**

Students must take all of the following:

- SES2514 – Research Methods
- SES2512 – Sport Analytics & Psychology
- SES2953 – Applied Football Coaching & Work Based Learning
- SES2954 - Applied Football Development

Optional

n/a

Progression requirements

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12.3 Non-compensatable modules**Module level**

n/a

Module code

n/a

13. Information about assessment regulations

Please see [Middlesex University regulations](#) for specific information on assessment regulations.

Students must achieve 90 credits at level 4 to progress onto level 5.

14. Placement opportunities, requirements and support (if applicable)

Students are required to complete 50 hours of compulsory work placement by the end of year two. Watford FC CSE Trust will support you in securing a placement and whilst you are on placement. Opportunities will be available within Watford FC CSE Trust football

related projects as well as some of our partner organisations. Students may source their own placement subject to the module leader's discretion. All placements must have a nominated supervisor who has received relevant training information on the requirements of student placements. Students will be supported by their placement supervisor as well as their module leader whilst carrying out their placement hours.

Students must not commence any placement before a satisfactory DBS check has been received and placement approval has been granted

You will be provided with basic kit to wear whilst on your placement and it is important you wear this and acknowledge you are representing Watford FC whilst on your placement. You may purchase extra kit at a discount from the Club Shop should you wish.

You will be required to complete an hours log and reflective portfolio of your placement experience as part of your summative assessment.

15. Future careers / progression

Graduates can progress on to the final year of a BSc (Hons) Sport and Exercise Science (Physical Education and Coaching) degree at Middlesex University if they achieve a merit or above in their Foundation Degree. Some students may prefer to top up onto a teaching and coaching pathway to pursue a career in teaching within a school or college. Some students may wish to pursue a graduate pathway in a football science or performance discipline (subject to grades and entry requirements).

Career destinations may include; Football Development Officer, Disability Support Officer, Women and Girls Development Officer, Community Manager, Community Football Coach, Sports Development Officer within a professional club, Player Development Centres, Academy level coaching. Employment in sport, leisure, tourism, management, education, research and health are also potential graduate pathways.

16. Particular support for learning

Students can access the University student support services as follows: Money and Welfare Advice, Childcare, Employability Service, Counselling, Disability Support Unit and Dyslexia/Specific Learning Difficulties tutorial support if eligible. The University has an exceptional Learning Enhancement Team (LET) who can also help students with literacy and numeracy tasks such as data analysis software and structuring assignments.

Students will also have access to the University's student portal. This portal will enable students to access their student record on the University's central student management system, e-learning materials, a University email account and University library resources.

Students on the named Programme(s) shall be entitled to use the University's Sports facilities on the same basis as University students.

17. HECos code(s)

Sports Development 100096
Sports Coaching 100095
Sport & Exercise Science 100433

18. Relevant QAA subject benchmark(s)

Events, Hospitality, Leisure, Sport & Tourism (2019)

19. Reference points

Internal documents:

- 2031 Learning Framework Guidance and Support Material (mdx.ac.uk)
- LQEH Guidance 3xii - Programme Leader Guidance
- LQEH Guidance 3xiii - Writing a programme specification
- LQEH Guidance 3xvi - Ethics in the curriculum
- Guidance 3xviii - Writing a module narrative

○ **5.2 – Embedded Practices:**

- Digital Literacy
- Embedding Employability, Graduate Competencies, and Employer Engagement
- Embedding Health and Wellbeing
- Inclusive Curriculum
- Internationalisation
- Practice-led Learning
- Research-informed Teaching
- Students as Co-leaders
- UN Sustainable Development Goals

External Documents:

- QAA Characteristic Statement – Foundation Degree
- QAA Subject Benchmark Statement – Events, Hospitality, Leisure, Sport & Tourism. (2019)
- SEEC Credit Level Descriptors (2016)
- Office for Students. (2018). Securing Student Success.
- ASET Good Practice Guide for Work based & Placement Learning in Higher Education.

20. Other information

Please note programme specifications provide a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve if they take full advantage of the learning opportunities that are provided. More detailed information about the programme can be found in the rest of your programme handbook and the university regulations.

Module Title	Module Code by Level	A1	A2	A3	A4	A5	A6	A7	B1	B2	B3	B4	B5	B6	B7	B8
Academic Skills	SES1521	X	X		X	X	X	X	X	X	X	X	X			X
Sport Science Fundamentals	SES1523	X	X	X		X						X	X	X	X	X
Fundamentals of Football Coaching	SES1943	X	X	X	X	X	X		X		X	X			X	
Fundamentals of Football Development	SES1944		X		X	X	X	X	X	X	X		X			
Research Methods	SES2514			X		X			X	X	X	X	X	X		X
Sport Analytics and Psychology	SES2512	X	X	X	X	X			X	X			X		X	
Applied Football Coaching & Work Based Learning	SES2953	X	X		X	X	X	X	X	X	X		X		X	X
Applied Football Development	SES2954	X	X		X	X	X	X	X	X	X		X			